

A Gift of Liberation
Course Eight: The Beauty of a Teacher
Homework, Class Two

4) It is said that, if we find and study with a spiritual Teacher properly, then automatically we are protected from negative forces and problems; and that our negative thoughts and behavior fade away on their own. Why, according to the Sutras, is this the case?

5) Pabongka Rinpoche tells us several stories of disciples who served their Teachers, and as a result reached high levels of realization and became very famous teachers in their own right. What are two specific seeds which they planted?

6) What is the most important karmic seed which is planted by serving our Teacher with devotion?

Coffee shop assignment: Please meet with at least one other person—or better, a group of people—whom you didn't know well before this teaching; do your homework together and discuss together any questions you have. Please write here where, when, and with whom you did your homework:

Meditation assignment: 15 minutes early in the day, and 15 minutes later in the day, think of someone whom you consider a close teacher. It could be a formal spiritual teacher, but it could also be a parent, a brother or sister, a school teacher, or a business mentor. Try to think about each of the 8 benefits that come from serving them in a beautiful way. Please write here the two times that you started these meditations.