

## The Six Levels of Patience

### **Worldview #1—This too will pass.**

*Takpay dak gi tongwa.*

*Things are empty of any self-nature of being unchanging.*

### **Worldview #2—I cannot control this in the present moment.**

*Rangwang chen gyi dak gi tongwa.*

*Things are empty of any self-nature of being independent.*

### **Worldview #3—I have put this and myself here.**

*Suk dang sukndzin gyi tsema dze shen gyi tongwa.*

*What is seen, and what sees it, are empty of coming from separate karmic causes.*

### **Worldview #4—There is somebody who would find this pleasant.**

*Ta-nye jukpay jukshir rang gi tsennyi kyi drupe tongwa.*

*Things are empty of automatically being the thing that is called their name.*

### **Worldview #5—I can use this problem as a path.**

*Lo nume la nangway wang gi shak tsam mayinpar yul rang gi tunmong mayinpay duluk su drupe tongwa.*

*Things are empty of having any unique way of being from their own side, rather than simply being established by virtue of their appearing to an unaffected state of mind.*

### **Worldview #6—We must be as gardeners.**

*Rang ngu ne drupe tongware rang gi chashe la ten ne ming de taktsam du druppa.*

*Things are empty of any existence from their own side; rather, they exist only as parts of things that I group together and apply a name or mental image of the thing, forced to do so depending on *whether I have, every day, taken care of others or not.**