

# The Body Immortal



*Meditations of  
Kamalashila  
on the Diamond  
Cutter Sutra,  
Part 2*

Geshe Michael Roach  
New York City  
February 6-7, 2017



**Meditation #1**  
**What do the signs**  
**feel like inside?**

*How do the signs on the outside  
reflect my good qualities on the inside?*

**Meditation #2**  
**Where do the signs**  
**come from?**

*What did I do in the past  
that created this sign?*



**Meditation #3**  
**What glues the signs together?**

*Why do I see the whole from the parts?*



**Meditation #4**  
**Avoid the ditches**  
**on either side of the road**

*Why did the Buddha say  
no signs were there?*

**Meditation #5**  
**I would love to show up**  
*Enough love to send a form body.*



**Meditation #6**  
**Buddha Jewel:**  
**faces vs. reflections**

*Ultimate protection,  
two parts of the four*



**Meditation #7**  
**Dharma Jewel:**  
**books vs. understandings**  
*The real protection and what causes it*

**Meditation #8**  
**The Diamond Sutra, for us**  
*Assume that the Buddha*  
*designed it for you, now*



**Meditation #9**  
**Those of the last 500,**  
**who understand**  
*It's time; and you're here*



**Meditation #10**  
**Sangha Jewel:**  
**Robes & emptiness**  
*The friends you should  
really hang out with*

**Meditation #11**  
**Gratitude, the only way out**  
*The best thing to try,  
in the days of dark*



**Meditation #12**  
**Planted & safe**  
*Sealed with a Coffee Meditation*



**Meditation #13**  
**Even understanding**  
**is not**  
*Living in a mental construct*

**Meditation #14**  
**The only way to see**  
*Seeing is proof of gratitude*



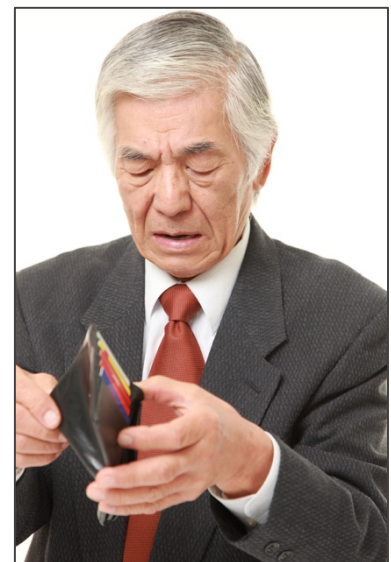
**Meditation #15**  
**Three boats to leave behind**  
*A time to move beyond anything*

**Meditation #16**  
**Impossible starting,  
impossible stopping**  
*A ruler to measure all things*



**Meditation #17**  
**What makes you  
different,  
whether there are  
Buddhas or not**  
*A never-changing rock  
in a life of change*

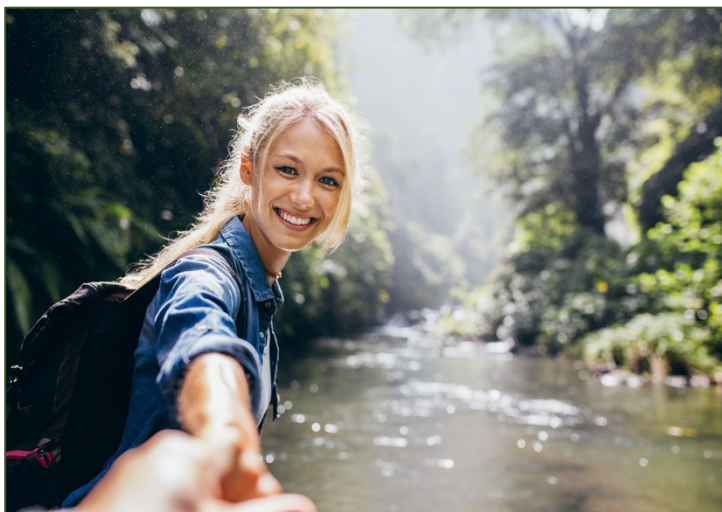
**Meditation #18**  
**Gakja: the missing Discover credit card**  
*Simple absences, and not simply not*





**Meditation #19**  
**Teaching for mountains,  
to the body**  
*One of the main causes  
for the Dharma Body*

**Meditation #20**  
**Disembodied karma triggers**  
*The emptiness of the space  
between the trigger and the result*



**Meditation #21**  
**When I reach a level,  
who reaches it?**  
*No me during,  
no me after;  
or I would lose it*





**Meditation #22**  
**How did our Buddha**  
**receive any teachings?**

*How did the creator  
of the Diamond Cutter Sutra  
learn to make a sutra?  
Or: A proof of gratitude*

**Meditation #23**  
**The lie of claiming**  
**that you will create**  
**your paradise**  
*An obstacle and a vision*



**Meditation #24**  
**Karmas, stupas, journeys, teachers**  
*Four things the sutra brings us*



**Meditation #25**  
**Explaining vs teaching**  
*Inspiring others to try*

**Meditation #26**  
**The name of the book—  
wisdom and a ship**



## Some Useful Books & Websites

Books by Geshe Michael available on Amazon:

### **China Love You: The Death of Global Competition**

*New release, ancient wisdom maps out future of superpower relationships*

### **Diamond Cutter: The Buddha on Managing Your Business & Your Life**

*How to start a new business & new life, using the ancient sutra*

### **How Yoga Works**

*Using ancient wisdom to stay healthy and reach enlightenment*

### **The Karma of Love**

*Using principles of karma for a great relationship*

### **The Garden**

*A visit with Buddhist sages of ancient times*



### **The Knowledge Base ([TheKnowledgeBase.com](http://TheKnowledgeBase.com))**

about 5,000 related free videos & materials

### **The 3 Jewels ([ThreeJewels.org](http://ThreeJewels.org))**

free related classes in New York City

### **Diamond Cutter Institute ([DiamondCutterInstitute.com](http://DiamondCutterInstitute.com))**

related business programs

### **Sedona College of International Management ([SedonaCollege.co](http://SedonaCollege.co))**

related teacher trainings

### **Asian Classics Institute ([Acidharma.org](http://Acidharma.org))**

free related courses

### **Diamond Mountain Retreat Center ([DiamondMountain.org](http://DiamondMountain.org))**

related spiritual retreats