

# The Nine Messages

## Meditations for Kamalashila 4



### **K4 Meditation #1**

**How often do I think about building  
a mandala paradise?**

**How will I do it?**

**Where will it be?**

**K4 Meditation #2**  
**If I had them today,**  
**how would I use each**  
**of the five kinds of eyes?**



### **K4 Meditation #3**

**How could I plant the seeds  
to make the hidden seen,  
and a fingersnap of all time?**

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**K4 Meditation #4**

**Explaining the Dharma:**

**Is it ever alright  
not to dig deeper?**

**K4 Meditation #5**  
**Chi Jedrak:**  
**What is the difference**  
**between**  
**“The Dharma” and**  
**a book of Dharma,**  
**like the Diamond Cutter?**



**K4 Meditation #6**

**Pens never touch writing,**  
**words never describe anything,**  
**words never convey ideas,**  
**and luminous images**  
**never create things.**

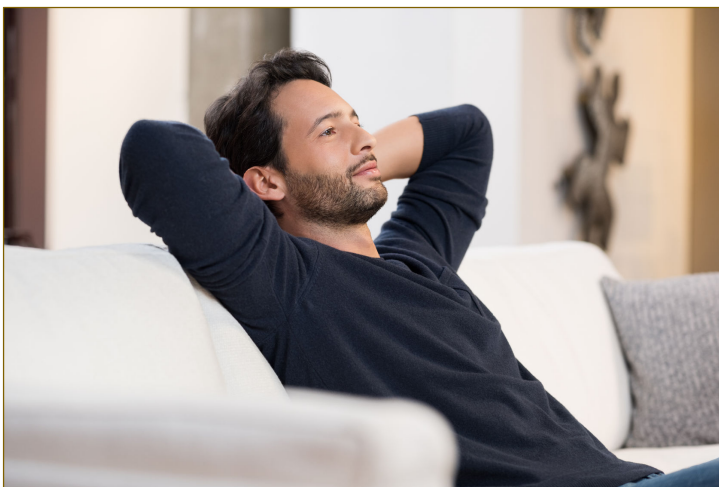
**No one teaches the Dharma.**

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**K4 Meditation 7**  
**Buddha under the Bodhi tree:**  
**Did I make him enlightened?**  
**Did I create history?**  
**Deceptive & true.**

**K4 Meditation 8**  
**The honor of being a teenager,**  
**among normal people**



**K4 Meditation 9**  
**Who the Buddha is not,**  
**and who the Buddha is,**  
**and who the Buddha**  
**could not be.**



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**K4 Meditation 10**  
**The thousand names of emptiness;**  
**how many do you know?**

**K4 Meditation 11**  
**A reminder:**  
**never deny**  
**that things exist**



**K4 Meditation 12**  
**How can I stay**  
**neither in the cycle**  
**nor in nirvana?**

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**K4 Meditation 13  
How do empty things  
in my life  
still do something?**

**K4 Meditation 14  
I need to stop  
pleasant parts of life  
with painful endings:  
Learn not to be good  
without understanding;  
Always be  
the start of a virus**



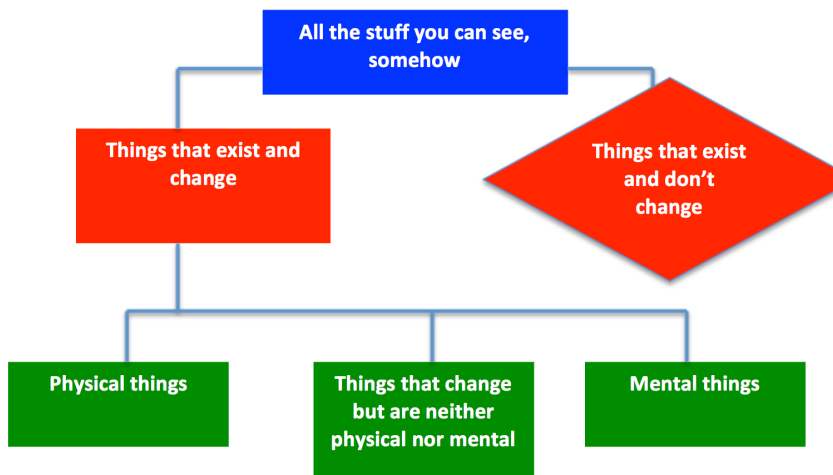
**K4 Meditation 15  
Subhuti doesn't get it;  
can I also  
use skillful means  
to spread the Dharma?**

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**K4 Meditation 16**  
The yoga of everyday life:  
The Buddha goes for groceries,  
To the left

**K4 Meditation 17**  
Me as the Tathagata,  
The One Gone Thus—  
by thinking a certain way



**K4 Meditation 18**  
Going deeper  
in the first of  
the Six Flavors  
to see clearly  
what's coming from me



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**K4 Meditation 19**  
**The one who is thinking well  
thinks of the emptiness  
of the one  
who is thinking well**

**K4 Meditation 20**  
**The nature of the things around us:  
Stars of the black night,  
Cataract people who hurt us,  
The dark lamp of our awareness**



**K4 Meditation 21**  
**Tasting the things around us:  
the magic trick,  
our mother's finger—  
a recipe for disappointment**

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**K4 Meditation 22**

The two problems of things around us:  
good things always change,  
like dew on a grass tip;  
and they were all  
suffering anyway,  
like a bubble

**K4 Meditation 23**

Three messages to make us sad:

No one can keep the dream,  
of good days past;

No one can hold to the  
lightning  
of heartfelt  
present moments;

No one can say tomorrow's  
clouds will be  
white and lovely

