



A Gift of Liberation
Retreat 32
Empty Coming, Mental Bombs



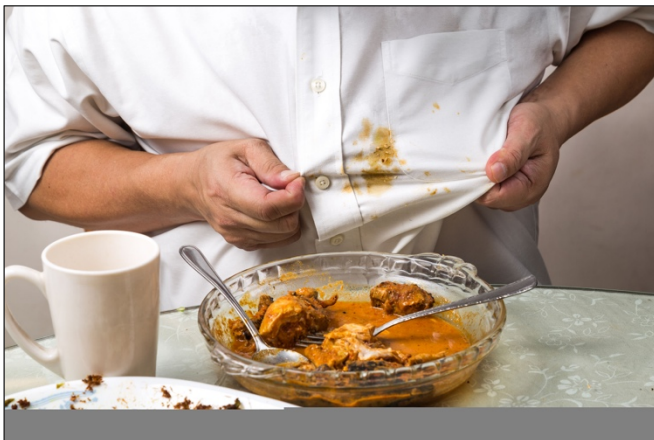
Diamond Mountain Retreat Center
April 2019

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Gift 32, Meditation #1
Any wind which stirs the waters
of the placid lake of joy

Gift 32, Meditation #2
Learn the enemy's looks
so you can shoot the arrow



Gift 32, Meditation #3
Grease on my shirt
cleaners hate ignorant liking

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Gift 32, Meditation #4
Karmic account hackers
anger forest fire

Gift 32, Meditation #5
Down to the tone of my voice
the infinite limits of pride



Gift 32, Meditation #6
Ignorance is not
misunderstanding

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Gift 32, Meditation #7
The beauty of skepticism
the destruction of doubt

Gift 32, Meditation #8
Me & mine
first step in destruction



Gift 32, Meditation #9
Graffiti on the temple walls
you are also a living being



Gift 32, Meditation #10

Magic pill

*To see that no one is themselves,
when you feel a sore throat*

Gift 32, Meditation #11

Gaining strength to hold the sword
deep seeds & still-useful surface seeds

- 1) Seeds
- 2) Proximity
- 3) Overstimulation
- 4) "Friends"
- 5) Habit
- 6) Refusing to let go



Gift 32, Meditation #12

**Learning to recognize
the problems of negativity:**
*new seeds, old seeds,
flow of the habit, our name,
trouble, pain*

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Gift 32, Meditation #13
Learning to react to our real enemy
and quick!

Gift 32, Meditation #14
Raw karma and its children:
which have I made, yesterday?



Gift 32, Meditation #15
Karma defined by its results:
The effectiveness of the
Buddhist definition of morality